

## How to proceed

If you believe that your students would benefit from improved self esteem, more clarity of direction and super charged motivation please get in touch to discuss your requirements and preferred dates.

Please see over for contact details.

Our goal is for as many young people as possible to have access to this learning therefore we have priced our events very competitively.

For further details please see the **Personal Best** section of our website.  
[www.live2learn.org.uk](http://www.live2learn.org.uk)



Finally, all of our programmes are backed by a 100% satisfaction guarantee.

We look forward to being of outstanding service.



Live2Learn

Studio 174 Courthill House  
60 Water Lane  
Wilmslow  
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Phone: 01625 250143  
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# LIVE2LEARN

## The Personal Best Programme



Empowering the lives of  
young people

# THE PERSONAL BEST PROGRAMME

**Introducing** a dynamic, empowering, unique personal development programme, specifically designed for young people in schools, colleges and universities.

Using a combination of NLP, business training and personal development tools, this fun, interactive workshop raises aspirations and personal performance to new heights!



Resulting in highly motivated, enthusiastic learners who in turn will achieve better results.

Furthermore the skills and attitudes they will cultivate will stay with them for life.

## Benefits

- Student engagement & motivation
- Goal setting — establishing the link between education and their future
- Raising aspirations and setting their sights higher
- Increased self esteem

## Programme outline

The core programme is usually delivered in 3 hours making it perfect for a morning or afternoon session.

Additional components can be added to tailor the outcomes to your priorities and extend to a whole day or 6 week series of 1 hour sessions and include:

- Personal Finance
- Entrepreneurship
- Health and Wellbeing
- Self Confidence

Let us know what you have in mind and we can deliver a unique experience for you and your students.

## Delivery

There are no minimum or maximum numbers. The programme works brilliantly as a whole year group activity or in smaller more intimate groups.

It is ideal for identified groups of 14-19 students such as the gifted and talented, prefects, C/D borderline or those in need of some direction.

Post 16 it is great as part of induction, to re-engage during the winter term or as a pre exam strategy.

All students receive a personal workbook plus optional on going web based support and resources.

## Participant Feedback

*“I thought it was excellent! I wish we did this 2 years ago!”*

Undergraduate, Hull University

*“It really helped to re-energise and focus the yr12 students after their AS exams”*

Assistant Headteacher— Midlands

*“Absolutely fantastic, the goal setting really helped me see what is possible— **I loved it!**”*

Year 12 Student—Staffordshire

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